

Take Courage Coaching

is Honored to Confer Upon

Lara Birk

The Certification of Certified Health and Wellness Coach (CHWC)

TCCU is an Approved Health and Wellness Coach Training & Education Program by the National Board for Health and Wellness Coaching (NBHWC). Successful graduates meet the education requirements to sit for the National Board-Certified Health & Wellness Coaches exam.

Awarded on this day: 05/10/2022

PSA Completion Date: 04/20/2022



**APPROVED
TRAINING
PROGRAM**

Becky Curtis, CEO

TCC President

